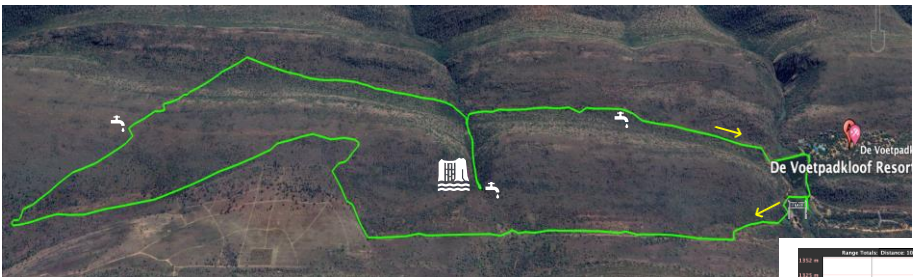




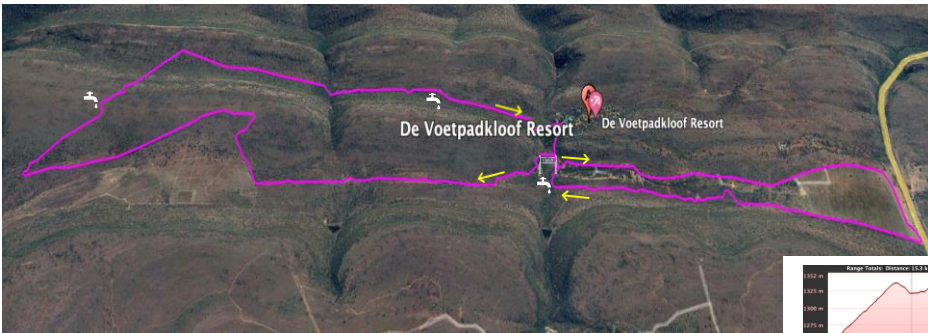
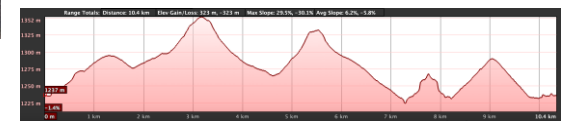
Day 1:  
5km route  
Total elevation: 185m



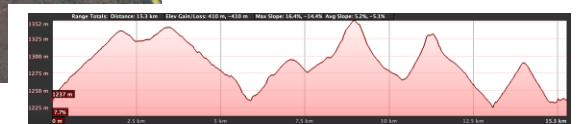
Day 2:  
5km route  
Total elevation: 130m



Day 1 and 2:  
10km route  
Total elevation: 325m



Day 1 and 2:  
15km route  
Total elevation: 410m



Day 1:  
21km route  
Total elevation: 600m

